

# **Academy Model & Structure**

#### **Philosophy**

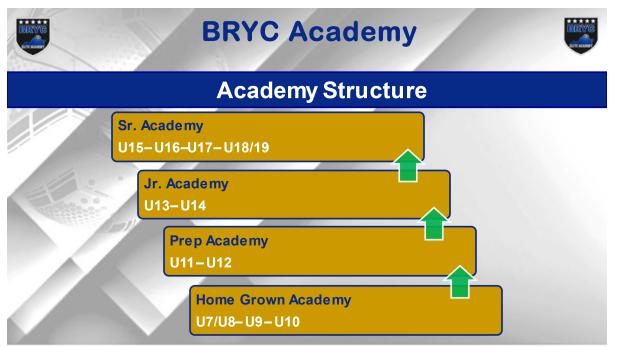
The **BRYC** Academy has a primary mission to be **Educational** as opposed to purely **Competitive** in nature.

The appropriate introduction of Competition (Results) will be incorporated in a manner that Players, Coaches, and Parents fully understand the Development Pathway to Player, Team and Club SUCCESS.

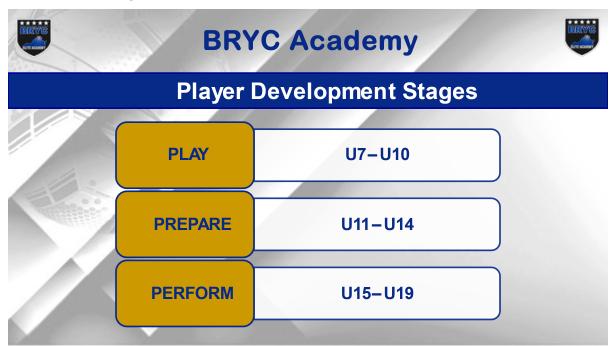
How the Academy is managed and structured is crucial in the landscape of Youth Soccer by defining the differences between **Education** and **Competition**, and how **Stages** and **Phases of Development** need to be managed through a guided **Match/Training Curriculum** that supports the mission and age group structure from a **Holistic** perspective. If managed and structured properly, the above will lead to the concept of Development and Winning happening together in our "**Gold Standard**" approach to Player, Coach, and Parental Development.

The following describes and defines the BRYC Academy Model & Structure and is used as a resource for Players, Coaches, and Parents. As a club, we have the responsibility to Support, Guide, and Develop our players as they navigate through their Youth Soccer/Football Journey. By taking a "Players First" and "Player Centered" approach to development, this allows for the players to be guided in their pathway while progressing at a pace that supports their childhood growth cycle Technically, Tactically, Physically Mentally, and socially.

## Academy Structure



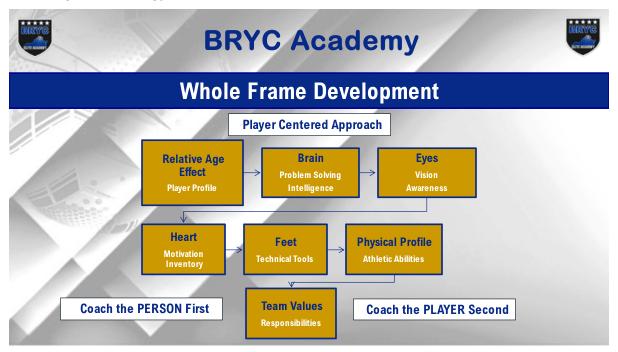
#### **Development Stages**



## **Development Phases**

| BRYC | BRYC Academy                           |                               |                                 |  |                                 |  |
|------|--|-------------------------------|---------------------------------|--|---------------------------------|--|
|      | Age Group & Player Development Pathway |                               |                                 |  |                                 |  |
|      | Home-Grov                              | Player I                      | Developm<br>Prep Academy        | evelopment Phases<br>rep Academy Jr. Academy Sr. Academy |                                 |  |
|      | U7/U8<br>Introduction<br>Phase         | U9/U10<br>Foundation<br>Phase | U11/U12<br>Preparation<br>Phase | U13/U14<br>Formation<br>Phase                            | U15-U19<br>Performance<br>Phase |  |

### Teaching Methodology



## THE MODERN GAME FROM A HOLISTIC DEVELOPMENT PERSPECTIVE

#### **RESPONSIBILITIES AND ACTIONS**

Our Coaching staff is responsible for providing an educational pathway that is supported by a Training Ground model combined with Match Day competitions to maximize a Teaching & Learning environment for player guided development.

#### A PLAYER CENTERED APPROACH

A Player Centered approach creates a positive learning environment and caters to the needs of all the players and prioritizes the holistic development that is necessary to develop independent thinking players while guiding them through the development pathway. In a Player Centered approach, you coach the "Person" first and the "Player' second.

#### WHOLE FRAME DEVELOPMENT

Whole Frame Development supports the Player Centered approach by understanding the rate of how players are developing from a "Whole Frame" perspective. Understanding the "Person" first will help guide you in supporting the "Player" and "Parent" as they navigate the development journey.

#### **BUILD A HOME-GROWN MODEL**

A "Home Grown" Player model is a "Community" approach to building a club membership based on a Geographic Demographic that supports a "Players First" and "Player Centered" approach to developmental pathways in a collaborative "Holistic" manner.

#### WHY HAVE A HOME-GROWN MODEL?

A "Home Grown" model supports future sustainability by offering guidance to Parents for their child's youth soccer journey. This means having clear and defined development and competition pathways that supports our membership.

#### **BUILD A PLAYER DEVELOPMENT MODEL**

A development model is a pathway of steps in sequence to guide development over a time period. In youth soccer, the focus is on player development and planning for training and match play in all stages of the player's growth from U7 – U19. This means having a Whole frame development model that supports a player's pathway for upward mobility in each category of development expectations.

#### WHY HAVE A PLAYER DEVELOPMENT MODEL?

The modern game at the club level and a club's success for player retention is driven by the club's development model. A focused development model provides players (coaches and parents) a guided pathway in a "Player Centered approach in order to make sure players are competing at the appropriate level. Without a focused development model, clubs can easily lose direction and the focus needed to serve a "Player First" approach in a holistic manner.

#### WHAT ARE THE PATHWAY STEPS IN BRYC?

Soccer starts in pre-school with our Recreation program organizing training and match play while creating a love for the game in having as much fun as you can within the game! Players can progress to the appropriate level that is supported by both Recreation Soccer and Travel Soccer.

#### PLAYER PATHWAYS IN BRYC

By having two organizational pathways allows for a "Holistic" approach to making sure players are guided on a pathway that is right for them in both Recreation Soccer and Travel Soccer.

#### **COACH PATHWAYS IN BRYC**

BRYC offers a coaching pathway for parent coaches who want to stay involved in the development of their Son or Daughter by advancing in the game through an educational and participation process.

#### WHAT IS THE POOL SYSTEM?

The Modern Game in Youth Soccer globally is structured by a "Pool" system/format that is in the best interest of both the short-term and long-term development of the children through a "Player Centered" approach. Players register with and within an age group, but not a specific team. Age groups are typically organized by A, B or C depending on the size of an age group in the club. The pools can have training sessions mixed together and as separate pools.

#### WHY HAVE A POOL SYSTEM?

By placing players into pools, you're creating ability-based grouping with upward mobility within an age group by narrowing the developmental gap within an age group. Since the players are registered to the club and not a team, they may be moved from Pool to Pool, up or down, based on the evaluation of the coaching staff for developmental needs. The coaches may move players from Pool to Pool as often as needed. Note – Players can play up in age group but not down.

#### MANAGEMENT OF THE POOL SYSTEM

The pool system for training sessions and matches allows the coaching staff to individualize player development within a group setting while managing the entire groups direction to maximize a progressive teaching and learning environment. The staff can weekly compare notes on the players to determine which ones may need to switch pools. That move could be for

one day or the entire soccer year or anything in between. Matches are played for fun, exhilaration and to test one's abilities. Having games that are more evenly contested lends to those objectives. When matches require the players to be constantly mentally alert and physically active, then high performance thresholds are achieved and new ones are set. Games that are too hard or too easy don't challenge the players appropriately. A balanced game puts players into the flow that intensifies performance.

#### INSTILLING A STYLE OF PLAY

Having a "Style of Play" allows for clubs to develop a methodology across multiple age groups by being able to train the whole player to learn how to play in a holistic setting through consistent messaging that supports the clubs Player Development Initiatives. Coaches in the "Pool System" have a chance to coach quality soccer to large numbers of players on abilitybased grouping in a training ground and match environments. This format allows for a measurement of players in their respective age groups in order to develop individual performance outcomes in a team setting as this means you don't merely measure the game outcome while taking the approach to have players embrace playing the beautiful game and supports the youth academy format to have a healthy competitive environment that is playercentered.

#### WHY HAVE A STYLE OF PLAY?

Having a style of play across multiple age groups creates unified teaching principles and allows players to progress by knowing the foundation for the club's direction from a Technical and Tactical perspective.

This allows for an easier transition in the pool system especially when players are challenged to play up in age group. When Coaches, Players, and Parents understand the clubs "Style of Play" then it leads to cohesive club environment and unifies the club and its membership.

#### SUMMARY

Managing a youth club in the "Modern Game" to create, implement, and follow a "Player Centered" approach with defined development pathways supports the basic principle of education and leads to well rounded players who grow with the sport and to develop a love for the game. This sets the stage for future growth and development of the sport by having players enjoy their youth soccer career in hope that we're producing players to become their own teachers of the game whether educating their own children or becoming coaches to give back to the game based on the positive experience they had through their youth career.